



Transplant Screening Information

Transplant Evaluation – Your initial appointment is when you meet with the nurse coordinator and transplant nephrologist. They will provide you with education on the transplant process and will review your medical history. They will determine what testing will be required and may include the following:

- Labs
- Electrocardiogram (EKG)
- Chest X-ray (CXR)
- Cancer Screenings: Mammogram, Pap Smear, Colonoscopy, PSA. They will also require you to follow up with your dental office to obtain dental clearance. This is to ensure you have no infections in your gums or teeth.
 - Cardiac workup – Echocardiogram (ECHO), Stress Test
 - Imaging – Kidney ultrasound, CT abdomen/pelvis
- Consults: Psychological/behavioral health, infectious disease, hepatologist, pulmonology (for smoking), hematology/oncology. Urology. Some of these consultations may not be required for your evaluation, the transplant team will inform you throughout the process.
 - Some tests will need to be repeated on an annual basis.

The team will have you follow up with a social worker (to verify support/caregiver), financial counselor (to verify this isn't a financial burden and that insurance is active), pharmacist (to provide education for medication), and your transplant surgeon (for education on the surgery).

Once your evaluation is completed your case will be presented to determine if you are a qualified candidate for transplant. If you qualify, you will be placed on the waitlist (active or inactive).

- **Active:** You have completed all parts of your evaluation and are ready to receive organ offers.
- **Inactive:** There is a portion of the evaluation that has not been completed and the team needs you to follow up or obtain repeat testing. This means that you are not yet eligible to receive organ offers.

Compliance – It's important to keep all appointments or reschedule with the transplant team. Cancelled and no-show appointments are not tolerated. This also goes for compliance with medications and other therapies such as dialysis.

- Social support primary caregiver will be required for the transplant.

Post follow-up - Weekly appointments for the first 4-6 weeks, and then taper down to every 2 weeks or 3 months and 6 months.

Donor evaluation will be the same process as the recipient's evaluation. Everything would need to be covered by the recipient's insurance (except the general health and cancer screenings). If you or the donor receive a bill, forward it to the transplant center.

Resource Links:

Donor Information:

- Donor Program: [Project Donor – We help organ donor candidates achieve their health goals for donation by enabling free access to top-of-the-line resources for weight loss and smoking cessation.](#)
- Voucher Program: [Voucher Program | National Kidney Registry](#)
- Donor information:
 - [Who can be a living kidney donor? | National Kidney Foundation](#)
 - <https://donatelife.net/donation/types/living-donation/>, [FAQs About Living Donation -Donate Life America](#)

Additional Information:

- Wait times in the USA: [Transplant and your residence \(txmultilisting.com\)](#)
- Podcast Episode: https://open.spotify.com/episode/3A7TXOzrgUf1Gi85upV683?si=7_THBEoxQD-DDzQNcRNHOA